

Seniorthinktank.ca and Ohmslaw.ca Present

THE FIRST PRINCIPLE;
OHM'S LAW OF LIFE,
THE DIVINE PATTERN.



Lesson One.
All Growth Is A Feedback Loop.

As Interpreted By
J.G. Wolthuizen

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First Edition
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A Few Words From And About The Author.



J. G. Wolthuizen

I have no interest in what is happening at the quantum level
or to other versions of me in a multi-verse
because I don't live there.
Too often the pursuit of higher concepts
leads to neglect of the basics.

If we do not master THE LAW
that is creating our experience
on this level of reality
consumerism will eventually
render our planet uninhabitable.
If that occurs all knowledge gained
by our species will be irrelevant.

This tiny book is a FREE gift to all.
It was created for students who joined the **FACEBOOK**
Social Learning Group called...
The First Principle; Ohm's Law Of Life, The Divine Pattern.

Before you read this offering be sure to watch these two videos.
To do so either click on the links below, or copy and paste them into your web browser.
They are old but still relevant as a foundation.

Georg Simon Ohm's Hypotheses

<https://www.youtube.com/watch?v=CUR7kGiHC1I>

Ohm's Law Of Motivation

<https://www.youtube.com/watch?v=Huimk7hnJSo>

If you would like to see more examples of The First Principle functioning
watch-or-read the other FREE sample chapters available at **Ohmslaw.ca**

My whole life I have been obsessed with the idea that
if the entire universe is energy,
and matter is simply concentrated energy
than The Law governing energy
must be governing everything.

The pursuit of this idea took me on a twenty year journey to try and find out what that LAW is.
In ancient times every culture believed that, if the universe comes from nothing,
before any manifest thing can appear, a First Principle,
sometimes called The Absolute,
must exist from which everything is manifest.

In India this principle is called Brahman.
The Greeks called it LOGOS; the divine animating principle.

The First Principle,
also known as The Causeless Cause,
is The Common Human Experience.

Everyone, regardless of gender, culture or belief is subjected to its influence.
It is All That Physically Is and All That Can Ever Be.

Seniorthinktank.ca is the group I founded to explore this phenomena.
What we have found and believe to be true, is that The First Principle is in fact
an expanded understanding of Ohm's Law Of Resistance.

The following picture is a quick guide showing how it functions.

Do not be overwhelmed by the image or the symbols used within it.
This book is going to take you step-by-step through the process of how
The First Principle functions and influences.
The goal of this work is to get you one step closer to Realizing Your Potential.

The First Principle.

Order Of the Causeless Cause.

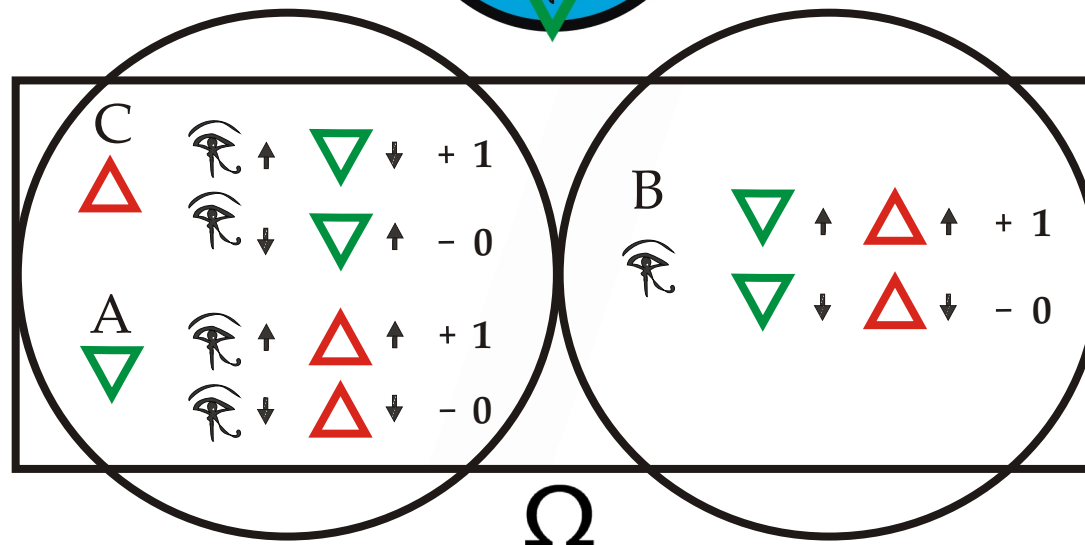
This is The Divine Pattern, or basic program, regulating activity and personal growth.

Life is a dance of energy. These are the steps. In order to grow everyone starts at "A" and must rise up to "C" by going through "B".

When you are feeling lost in life find your location on this guide so you can refocus your actions and reach your goal.



*THE LAW Giveth
And Taketh Away.
It Is The Way, The Truth
And The Light.*



Ohm's Wheels Of Life: *The Physics Of Achievement.*

	Resistance	Problem	Obstacle	Tool	Fear
	Current	Reaction	Focus Energy Released	Practice	Education
	Potential Difference	Solution	Pressure	Ability	Knowledge

Every obstacle you encounter obligates you to respond as The First Principle demands.
It is infinitely repeating. The process of navigating it is The Divine Pattern.
Every action you take falls somewhere within the phases of it.

You cannot start applying this formula to bigger concepts until
you first start from a foundation that is self evident.
That is why these teachings must start here, exploring the basic Common Human Experience.
Although every culture gave this idea a different name,
none of them ever found an actual formula that meets the criteria such a theory demands.

In Hinduism "Brahman" is a metaphysical concept referring to the ultimate unchanging reality.
It is eternal, infinite and transcendent. It is the cause, foundation, source and goal of all existence.
To deny it is to live in a false reality. When you accept it and become One with it you transcend
the frustrations of life because you are finally functioning in Harmony with true reality.

As was stated earlier, I have spent the last twenty years observing this phenomena.
Seniorthinktank.ca has applied Ohm's formula to over forty different fields of study.
We have chosen to start sharing this information now because we believe it is imperative that
as many people know this expanded explanation of Ohm's Law as is possible.

Big changes are coming and it is crucial that
you face the emerging reality from a solid foundation.

As more and more people start to awaken it is becoming obvious that
society is facing serious sustain ability issues.

The more people that can actually Realize Their Potential the better.
I look forward to talking to all interested people about this.

Enjoy this little book but remember
the information contained herein is only the beginning...

The information presented here was arrived at through meditation.

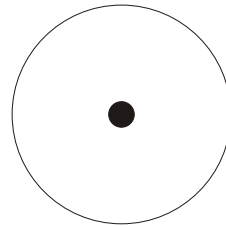
Earlier drafts of every book in this series were written through stream of consciousness while in a deep meditative state.

After each session a period of study and research was done.

This was the process used to explore, rewrite and clarify the ideas bestowed in the state of mental stillness.

In a historical context the study of first principles is called “Metaphysics”.

In metaphysics the below symbol is called Monad, the Absolute.



It is sometimes referred to as The Supreme Being.

It is in reality an early symbol used to describe The First Principle.

It symbolizes the unknown formula that forever remains and the center of all things while simultaneously limiting all things so that reality remains contained.

Understanding the following is of paramount importance.

If you do not do exactly as is stated over the course of the rest of this book you will fail to Realize Your Potential over and over again.

Everything is relative.

Though some places are harder to rise out of than others, the circumstance you were born into is less relevant than you think.

Ohm's Wheels Of Life work the same for everyone regardless of the social class you were born into.

Dedicate Your Life To Mastering This...



The guide you currently hold is the key to a door that only you can walk through.
It leads to the spring of life that only you can chose to drink from.
Beware of anyone who tells you they know an easy way to the top.

There is a reason why life is hard.
It is filled with frustration, anger and disappointment.
However it also, sometimes, contains moments of fleeting joy.
The antidote to the harshness of life is not happiness.
It is purpose.

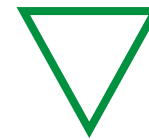


If the reason behind why you are doing something
is not greater than the obstacle you need to overcome,
you will abandon pursuit of your goal
at the first hint of trouble.

Ohm's Law teaches us that at any moment in time one of the three variables, Resistance, Current or Potential Difference must be constant.

It is because of this that LIFE IS ALL ABOUT CONSISTENCY.

Resistance



Current /
Intensity Of Focused Energy



Potential Difference /
Pressure



Consistency of thought and action must become your dominate character trait.

Focus on your place within **Ohm's Wheels Of Life**.

It is **The First Principle, The Divine Pattern** all growth comes from.

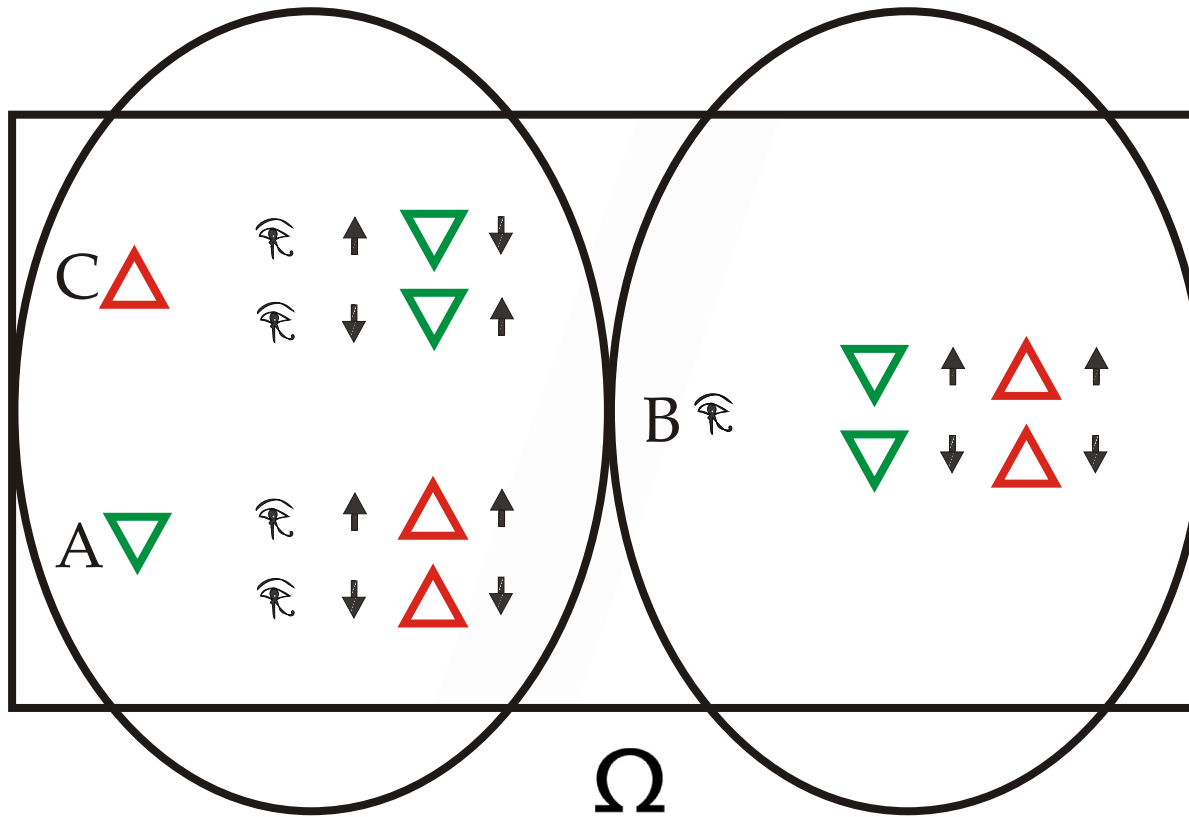
Make navigating The Wheels your constant purpose and you will be rewarded accordingly.

As was stated on the quick guide picture.

Life is a dance of energy. These are the steps.

In order to grow everyone starts at "A"
and must rise up to "C" by going through "B".

When you are feeling lost in life find your location on this guide
so you can refocus your actions and reach your goal.



Ohm's Wheels Of Life: *The Physics Of Achievement*.

Learn to stop Focusing on what you do not have and appreciate little daily triumphs.
Happiness is the side effect of achievement which is why it should never be the goal.



Little strokes fell great oaks

Never get lost in the pursuit of happiness as a way of avoiding reality.
If you do not build your own life you will wake up as a cog in a world someone else built.
Those who squander their life always seeking happiness are ill prepared
for the inevitable pain that loss will bring in due time.

Georg Simon Ohm said, it is through the process of actually “Doing” that a new world emerges.

“Doing” takes discipline.

People think that because they can focus for a long time on one thing,
that they like doing, they are disciplined

Discipline is the ability to stay focused
on all the things you don't like doing.

At all cost avoid the “Life Of Leisure” Myth Mentality trap.
We will talk about this myth extensively throughout this course.

Every part of your being wants to believe that there is
a Path Of Less Resistance to having all your heart desires.
Do not lose years of your life trying to find what does not exist.

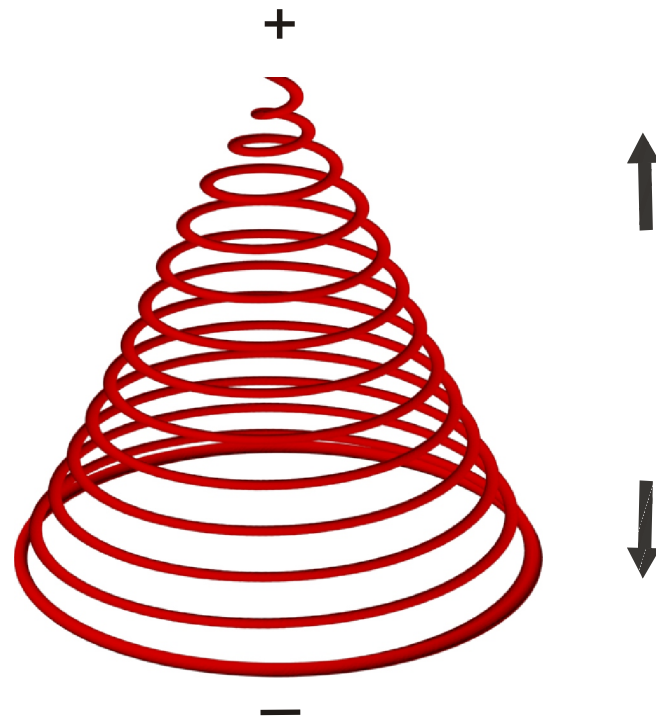


Unless Resistance is lowering because you have established something yourself,
failure to manage your Path of Least Resistance instinct
always leads to an ever worsening circumstance.

The reality most face is that they do not start at the top.

They don't start in the middle either.

They start at the bottom
and have to work their way up.



When Potential increases
the path to the top
get increasingly more
concentrated.

This eventually leads to
things getting easier
because every rotation up
happens faster than the last.

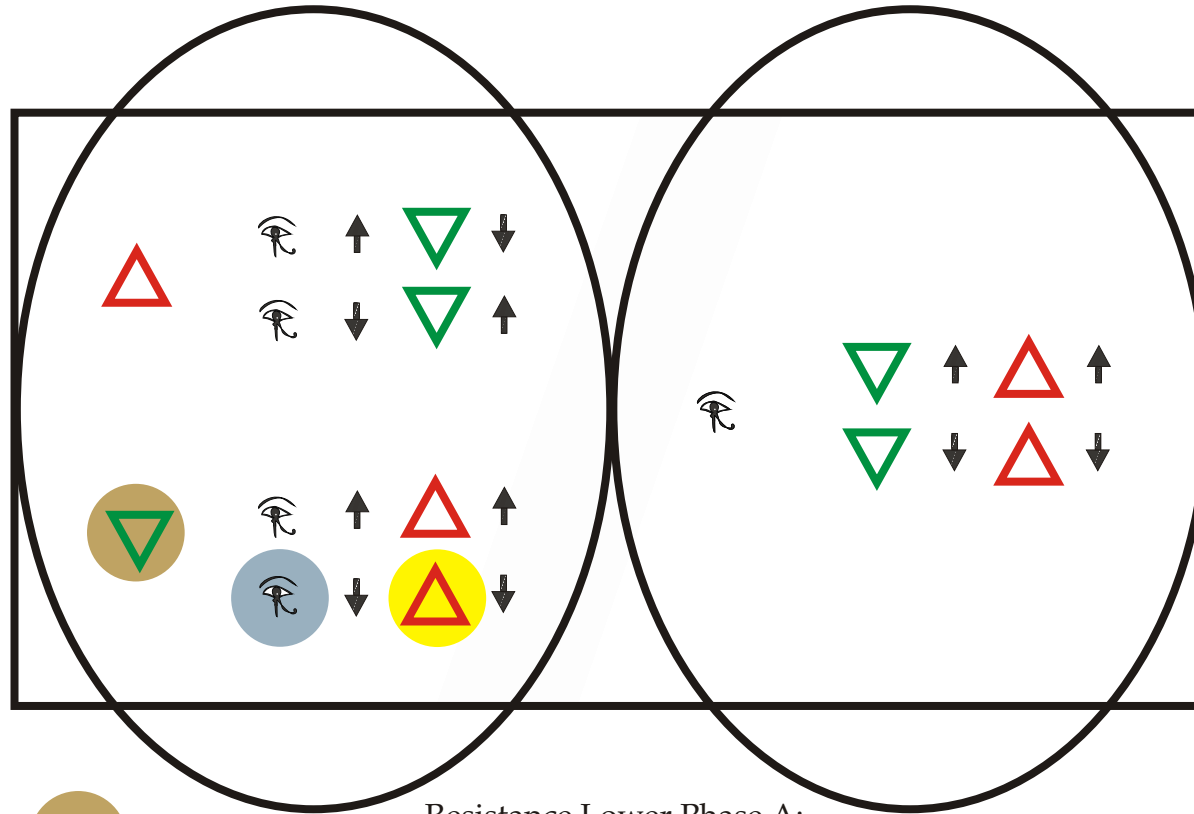
When Potential decreases
the path up gets harder
because every rotation gets
bigger or less concentrated.

This means that the energy
needed to reverse your course
and begin your ascent
gets harder the longer you wait.




Ohm's Wheels Of Life have three distinct phases.
Which phase do you believe your life is currently in
Resistance, Current or Potential?



All Growth Is A Feedback Loop.
Which loop have your habits been formed by?

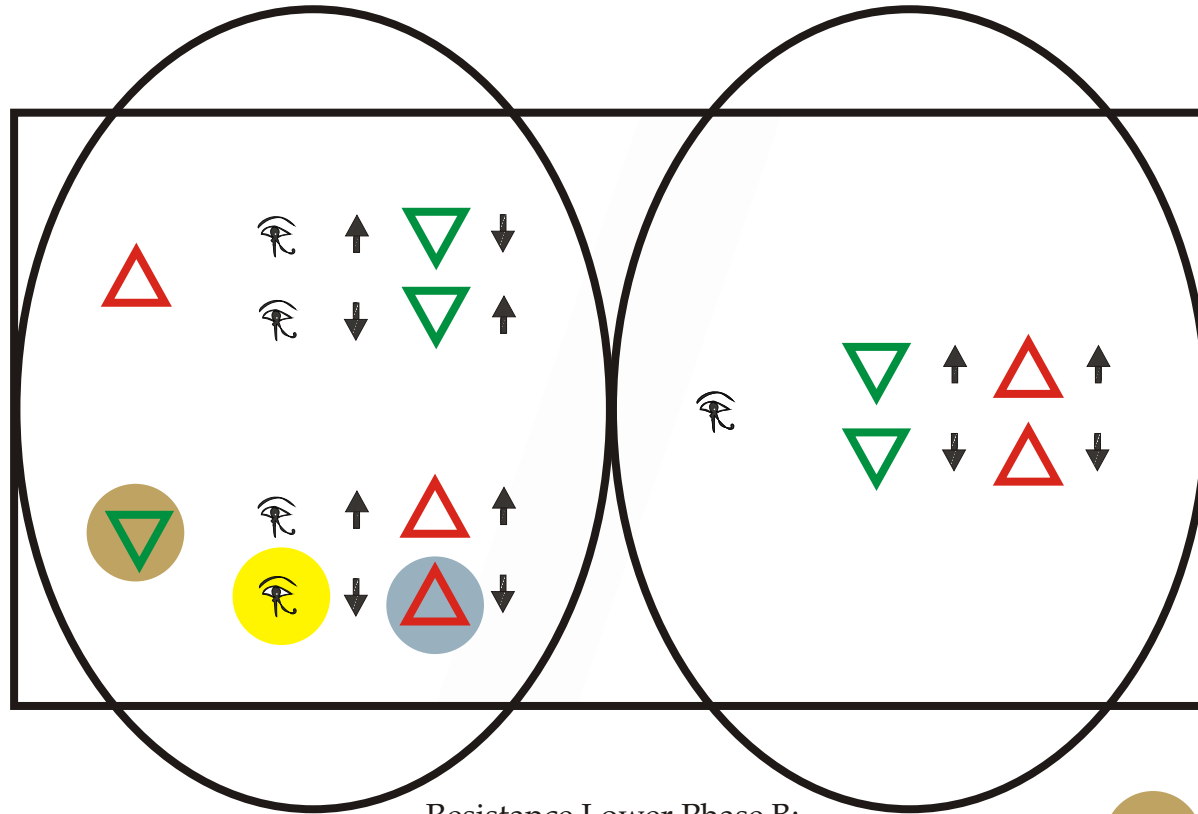


Resistance Lower Phase A:

-  When you face a Resistance in the form of a problem, or obstacle,
-  if you cannot generate an idea, Potential decreases because you do not know what to do.
-  As a result you do not act by directing your Focused Energy.

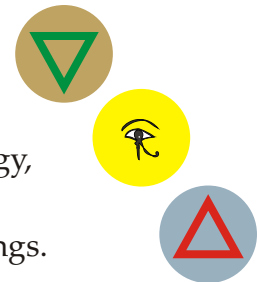


The Divine Pattern shows that the path of “No Action” feeds back as a perpetual loop without growth.



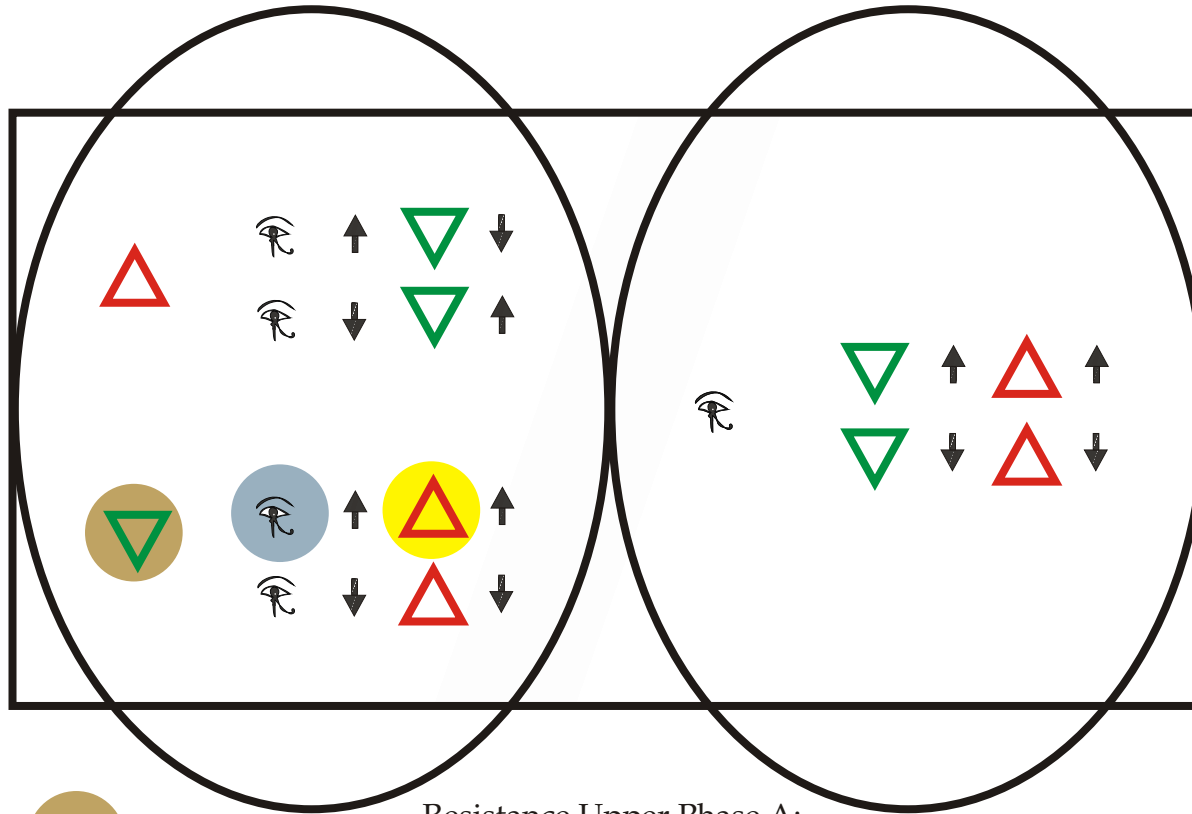
Resistance Lower Phase B:

When you face a Resistance in the form of a problem, or obstacle,
 if you do not act or start directing the Intensity Of Your Focused Energy,
 your Potential continues to decrease because you do not learn new things.





The next level up is the "Take Action" path.



Resistance Upper Phase A:



When you face a Resistance in the form of a problem, or obstacle,



if you can generate an idea your Potential increases.

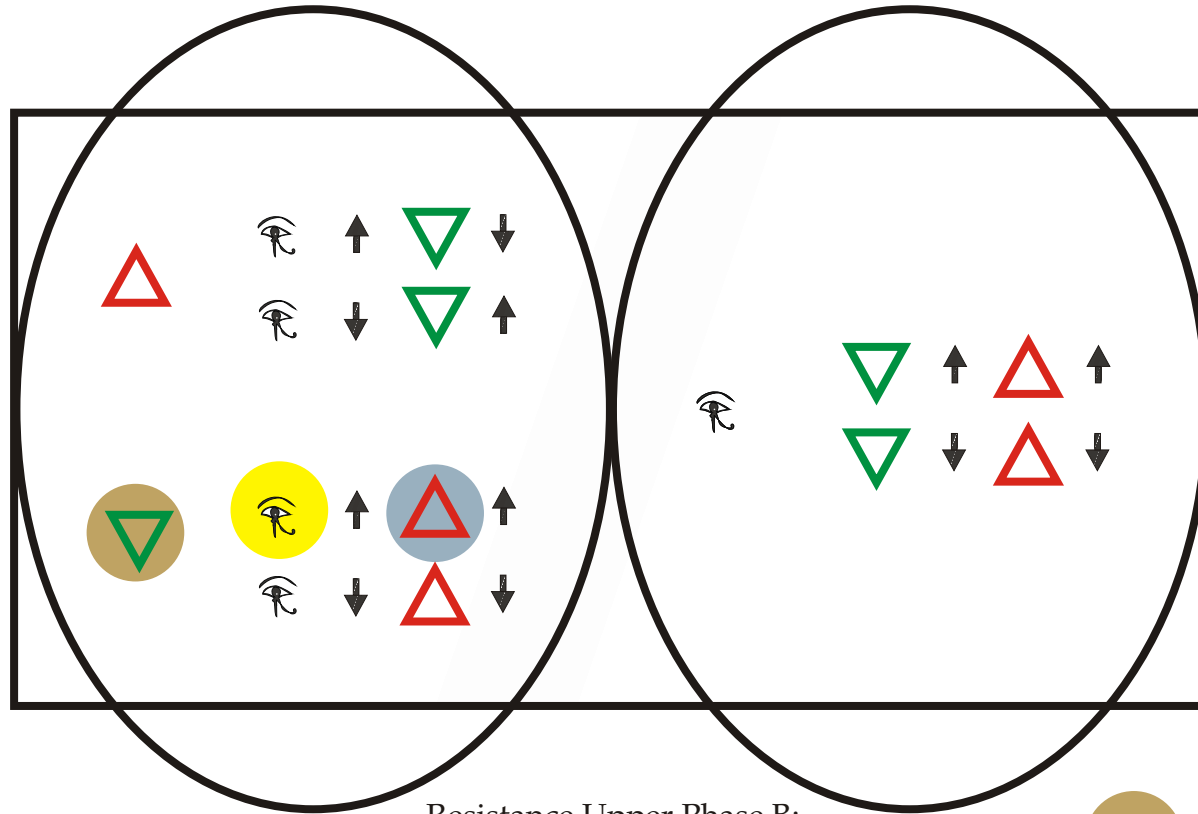


When this happens you are inspired to act.

Current increases because you start directing your Focused Energy.



The Divine Pattern shows that the inspired to “Take Action” path feeds back as a perpetual growth loop.

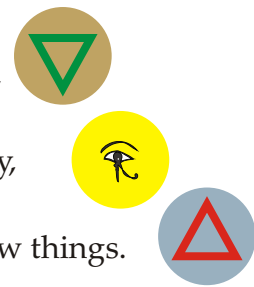


Resistance Upper Phase B:

When you face a Resistance in the form of a problem, or obstacle,

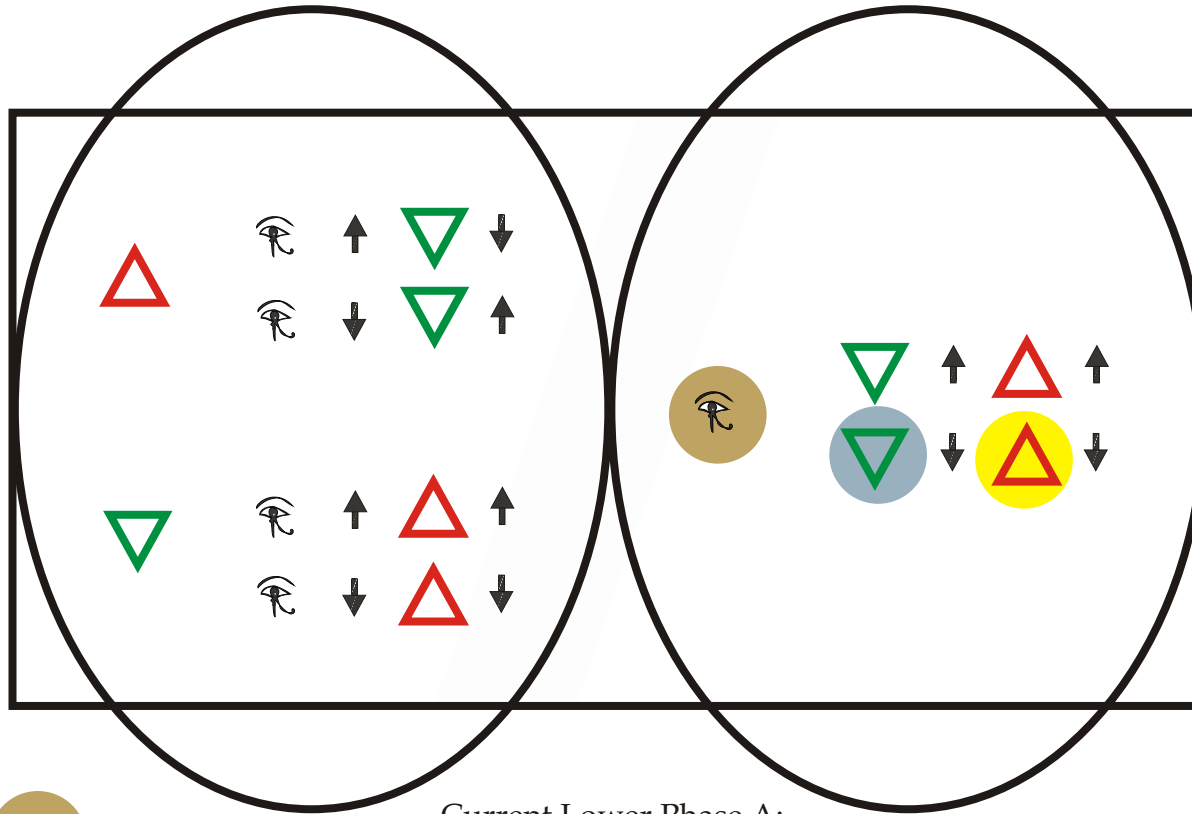
because you act and increase the Intensity Of your Focused Energy,

Potential continues to increase because “Doing” assures that you learn new things.





The next level up is the path of "Instinctual Action".



Current Lower Phase A:



Many people instinctually direct their Intensity Of Focused Energy by



doing what ever it takes to reduce the amount of Pressure they are feeling.

In Ohm's Formula Potential Difference also represents Pressure.

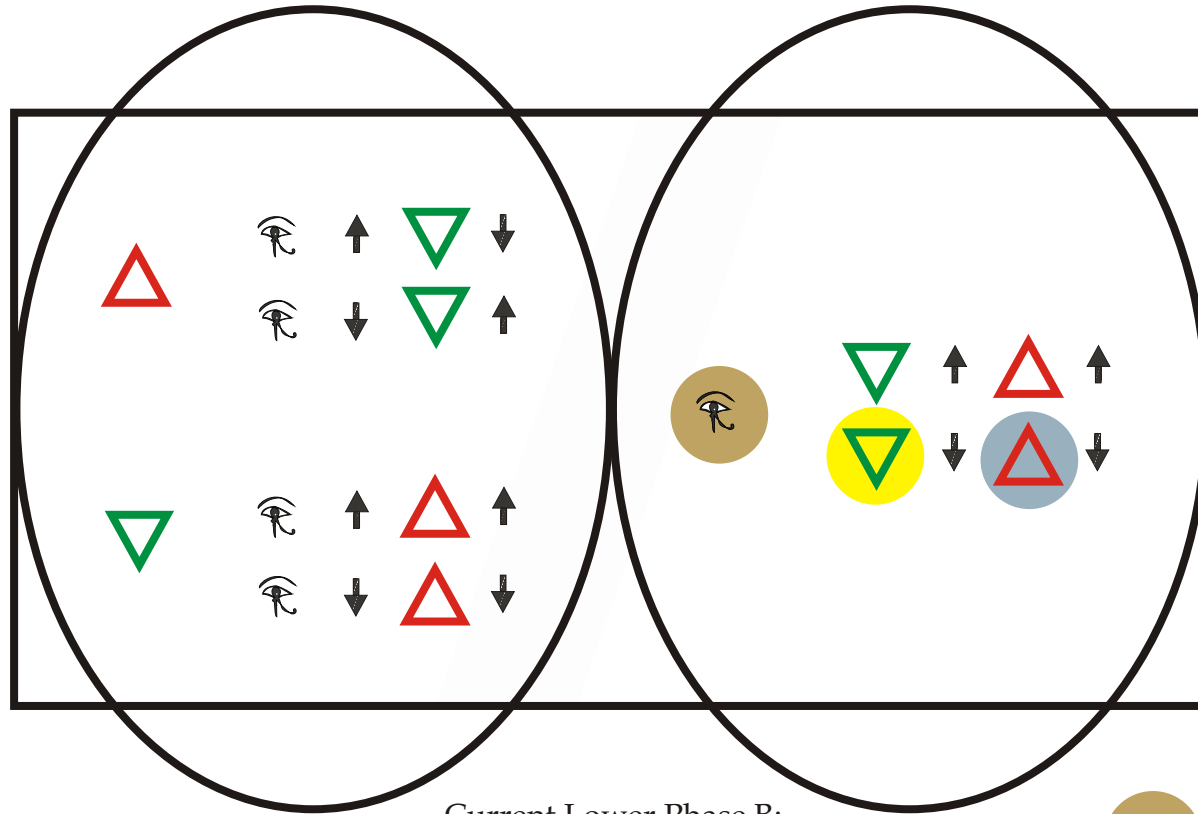


Getting away from the problem, which reduces the Resistance,

is the Path Of Least Resistance way to avoid Pressure.



The "Action" of successfully avoiding things feeds back as the low growth option. It often leads to the perpetual avoidance of other things.

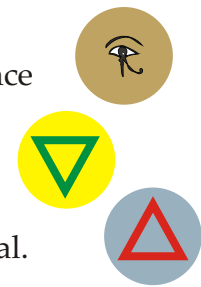


Current Lower Phase B:

When you direct the Intensity Of Focused Energy on avoidance

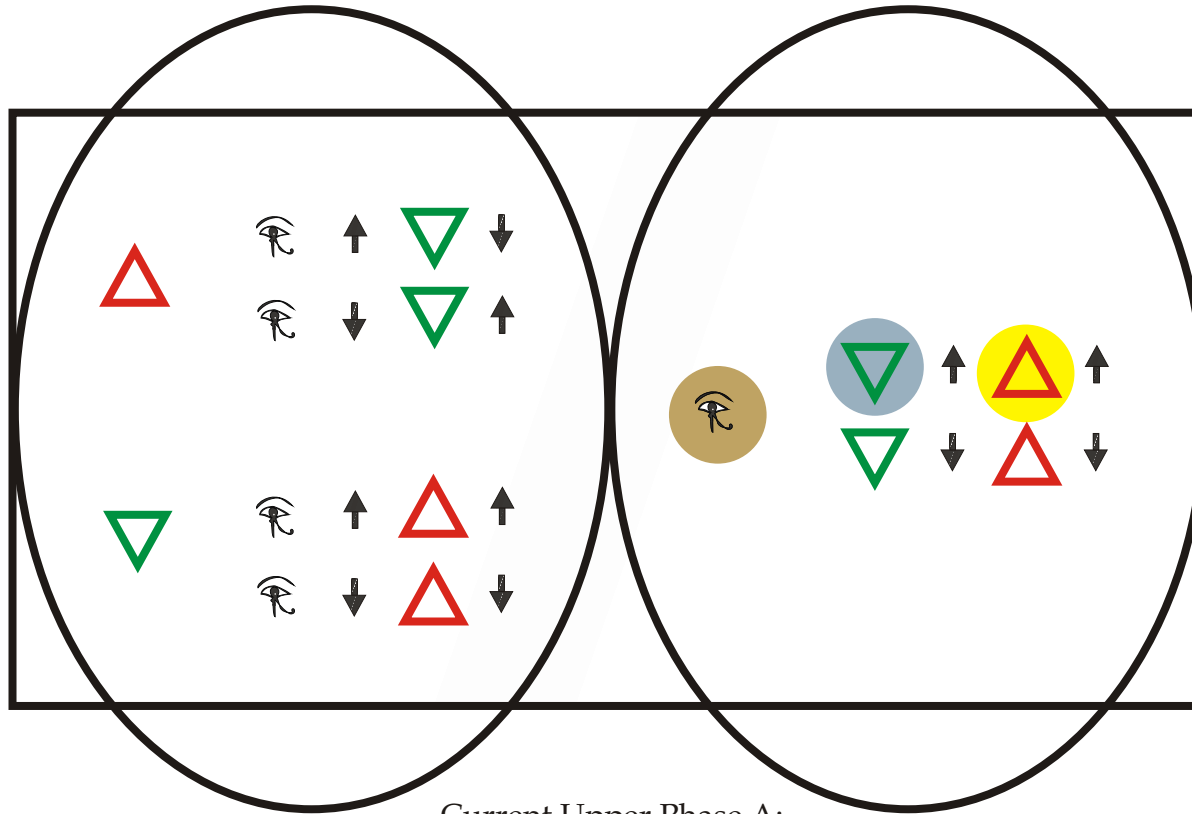
the more obstacles, or Resistance, that you find to avoid

the less Pressure you feel; but, you also establish less Potential.





The fourth level up to Realizing Your Potential is the path of “Planned Action”.
It is the path most people do everything in their power to avoid.



Current Upper Phase A:



Life beyond your instincts and impulses requires constant Focused Energy on a plan.



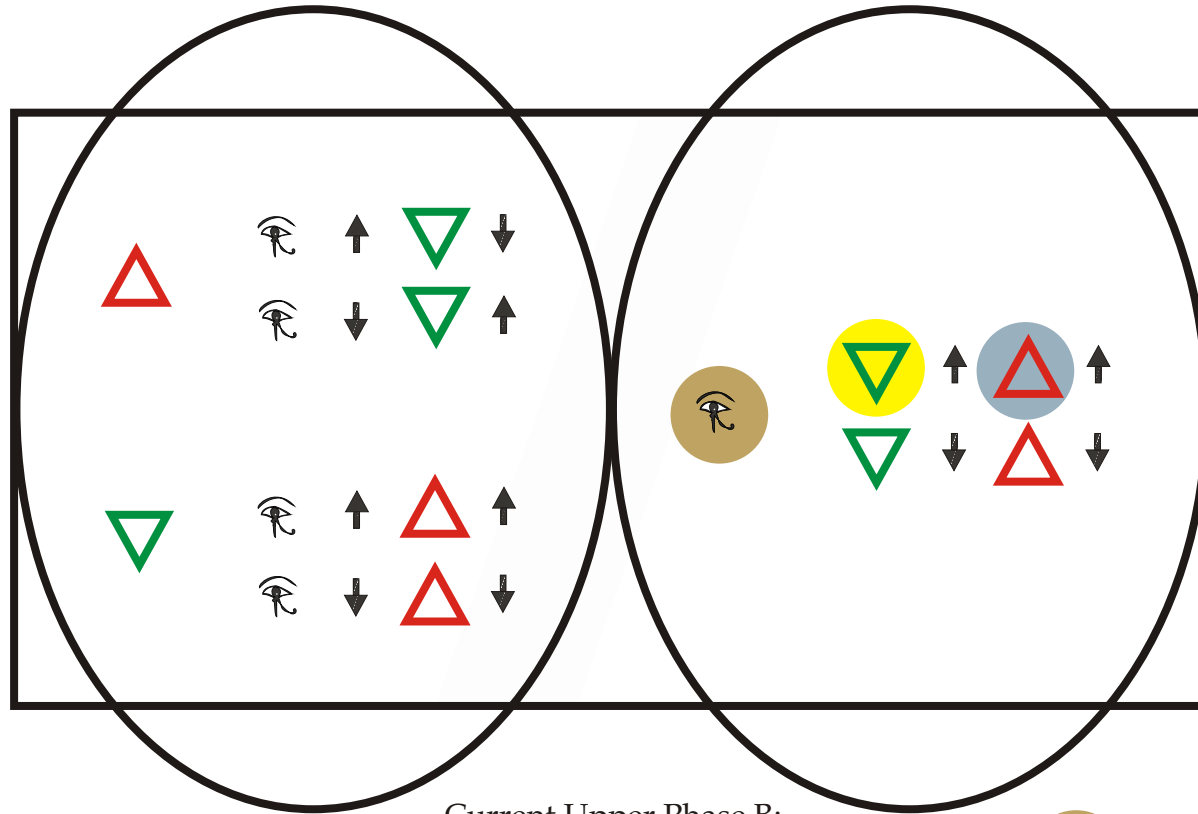
Your plan is the increased Potential Difference you want to make in your life.



The greater the plan you hope to achieve the more Resistance there is in the form of all the things you must learn through “Doing” in order to achieve your goal.



The Divine Pattern shows that the path of “Planned Action” feeds back as a perpetual growth loop. It is a higher level of existence than that of the more basic “Instinctual Action” way of living.



Current Upper Phase B:

The constant Focused Energy needed to execute a plan



is put to the test as you master every level of increased Resistance the plan requires. The “Doing” of this in turn feeds back as even more Pressure. This is the feedback loop that continues until your Pressure threshold is reached.

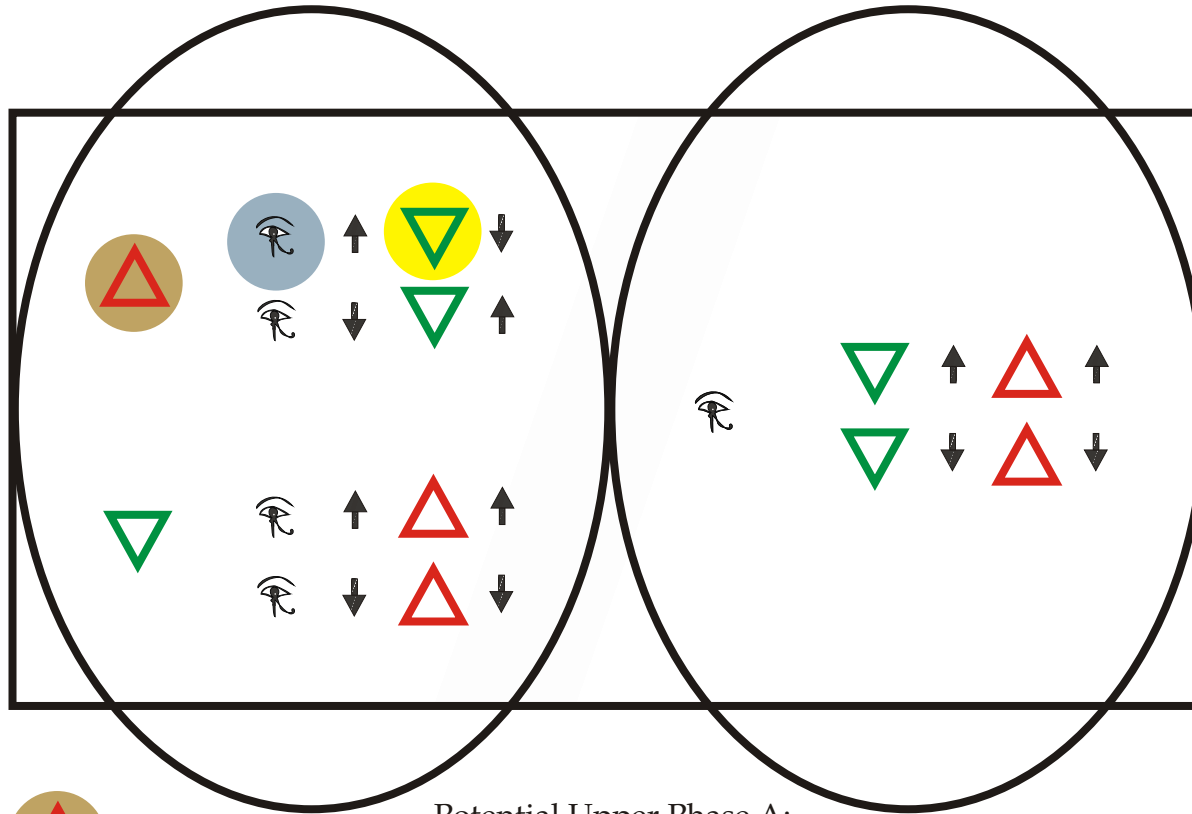


Once this occurs your new Potential gets established








With the establishing of a new potential you shift gears to the highest level of the system. This is the level of "Mastery" one reaches when they successfully navigate Ohm's Wheels Of Life.

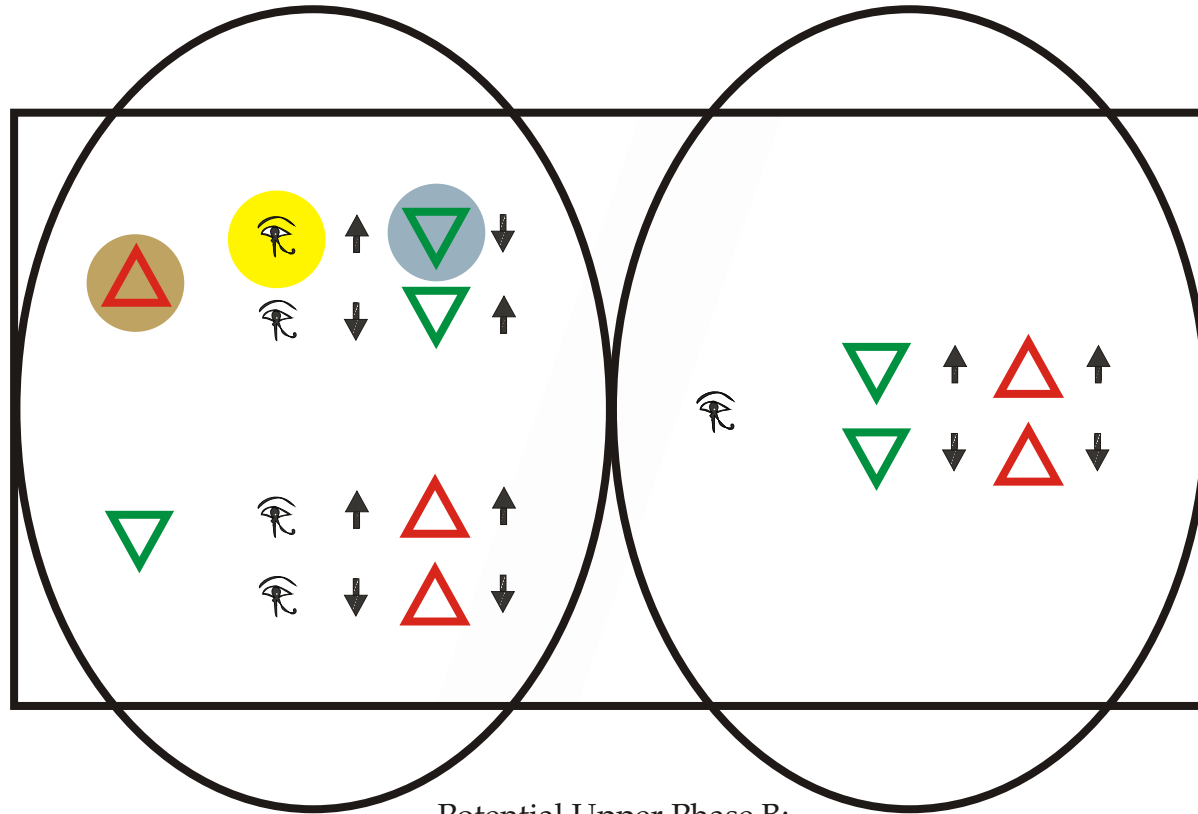


Potential Upper Phase A:

-  When your Pressure tolerance is set through the process of "Doing",
-  if it is greater than the Resistance you chose to engage, that Resistance is overcome.
-  When this occurs the amount of Focused Energy you have to direct toward other interests or obstacles increases.



Feedback at the Mastery Level comes in the form of the Necessity To Maintain that which you have established.



Potential Upper Phase B:

Once your Potential Has Been Realized it becomes your new constant.

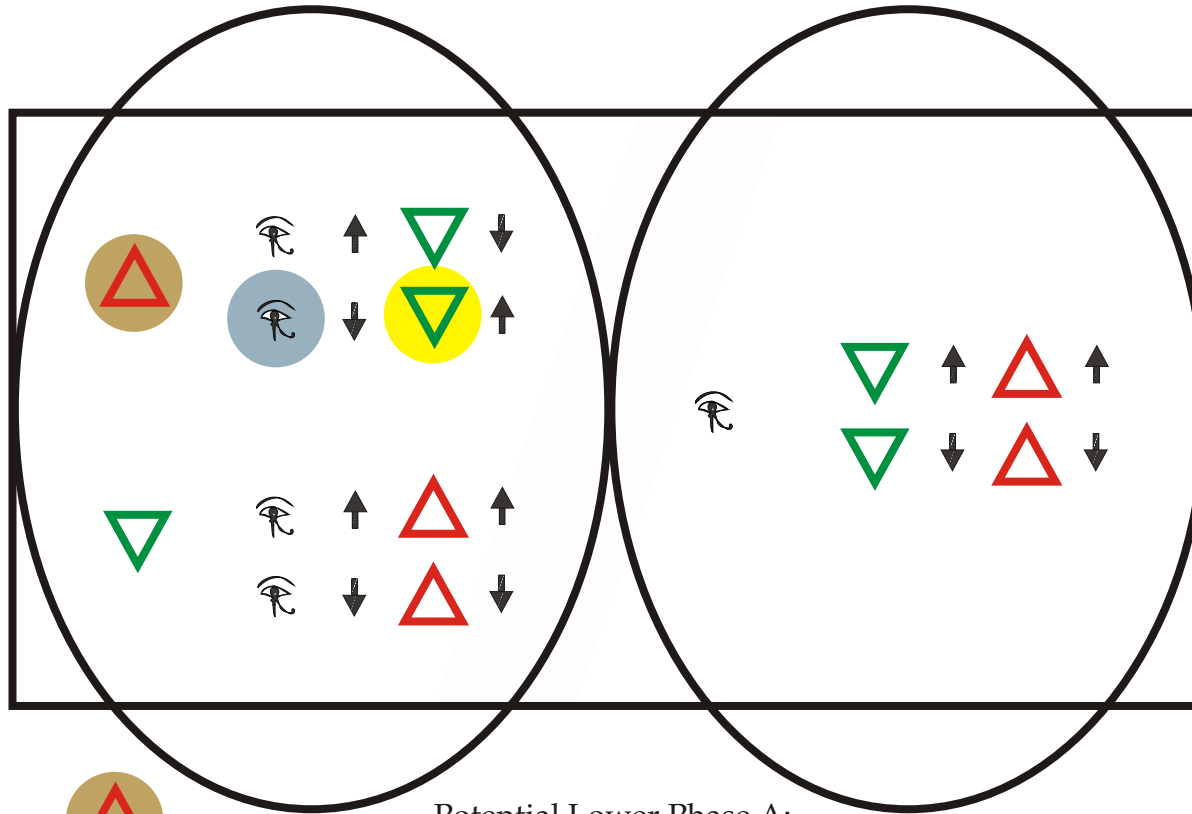
However, Intensity Of Focused Energy must periodically feedback, in the form of maintenance, toward the Resistance you have overcome.

This is required in order to assure that Resistance stays low so you can continue to enjoy the new reality you have established.





The final phase is the “Failed Action” path. It is important to note that, though the outcome may not be what you desired, there is never really “failure” through planned action.



Potential Lower Phase A:



When your Pressure tolerance is reached, if it is not greater than the Resistance, a new Potential, one greater than you started with, still gets established.

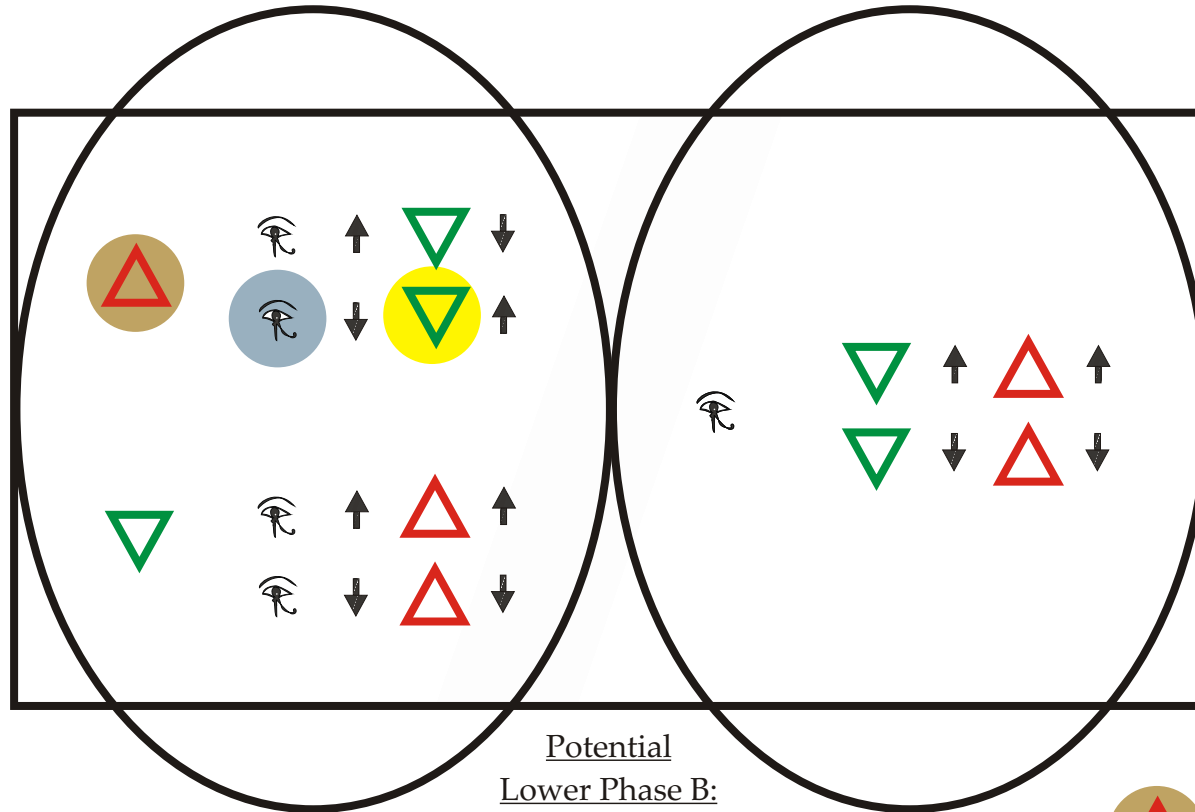
When the Resistance you chose to engage increases beyond your capacity to endure, the amount of Focused Energy you have



to direct toward other interests or obstacles decreases because you get overwhelmed.



All the things you did learn on your attempt to grow stay with you to be utilized when you try again.
 True failure is only arrived at when the individual stops trying.



With your Potential now established a feedback loop is created.
 Resistance gets compounded in the form of added mental Resistance.
 Out of frustration and disappointment you start saying "No".
 As a result, you give up as soon as the Resistance increases beyond your present capacity.
 When this happens you abandon the plan and stop directing your Focused Energy.
 If the Resistance increases to the point that it is greater than your Potential
 you drop back down to the constant Resistance phase and start the process again.



A summary of The Common Human Experience that should be self-evident.

No matter how it appears on the outside, every life is full of problems.

Every problem you encounter is a form of Resistance.

When a problem arises if you cannot think of a solution you will not act.

This lack of action feeds back as less Potential which in turn feeds back as even less action.

When you can think of a Potential solution you get inspired to act.

Your ability to act feeds back as increased Potential which further inspires further action.

Once in a state of constant action the easier the problem you have encountered is, the less your Potential increases. If the action you chose to take was to avoid the problem this feeds back as even less Potential as soon as you apply this tactic to deal with other problems that arise in life.

Once committed to a plan to overcome the problem, the harder the plan is to execute the more Pressure you feel. This creates a feedback loop as you continue to engage and master all the Resistance required in order to successfully execute the plan. This is the process through which Potential increases. This growth of Potential increases until your Pressure tolerance is reached.

Once your Pressure threshold has been established, if it is greater than the problem you have been constantly engaging, the Resistance is overcome. As long as your Focused Energy feeds back periodically to keep the tamed problem in check, Resistance will continue to reduce and remain low.

If at anytime after your new Potential has been established, if you fail to feedback the Focused Energy required to maintain the lower Resistance state you have established, the Problem will eventually return. If the problem comes back and Resistance rises to a point that it is higher than the new Potential you have established, you will eventually find yourself dropping back down to the Resistance constant reality.

When this occurs you are forced to repeat the process.

Every time a new problem in life arises you must also repeat this same process.

Every person, all over the world, is subject to governing dynamics of The First Principle.

It is the reason a Common Human Experience exists.



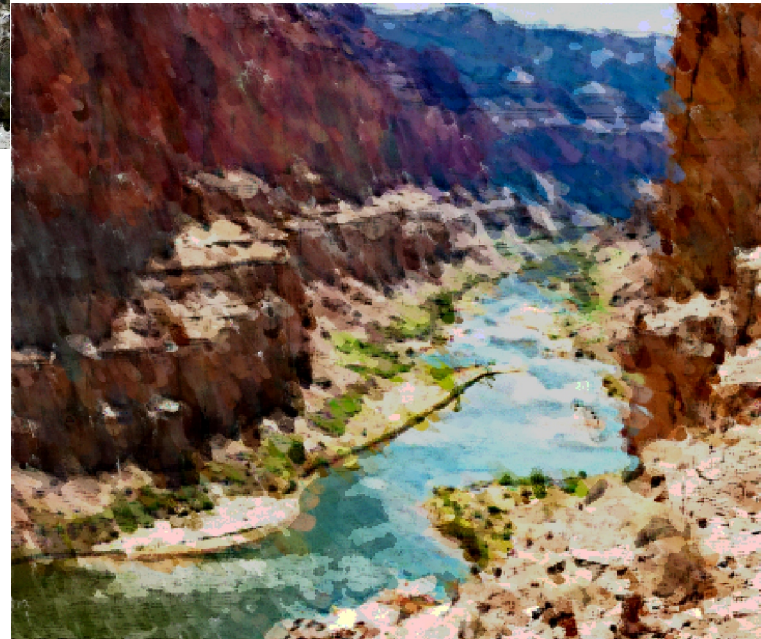
Why Habits are so hard to break and why you should be consciously of creating good ones.

A brook becomes a stream
that becomes a river
that, over time,
erodes into a
canyon.

The flow of your thoughts
and pattern of your behaviour
create habits which are doing
the exact same thing
in your mind.

Repetition leads to habit
that eventually becomes a rut
you cannot get out of.

Once committed to that rut it pulls you along
until you find yourself at the bottom of a canyon
you can no longer see the top of.



*How much energy and commitment will it take,
to climb out of the canyon you have created for yourself?*

Be conscious of things you consistently do. Positive or negative, it is through the feedback loops of The First Principle that, your habits become your home. Learn to observe The Divine Pattern functioning all around you. It is infinite and cannot be negotiated with. It both determines and seals, your fate.

In due time, if you will allow it, Seniorthinktank.ca and Ohmslaw.ca want to show you how Ohm's Law as The First Principle is the reason why everything is unfolding as it is.

Studying this book and slowly applying it to your life
is the Resistance you have just been assigned to overcome.

Do you have the discipline to do it?
Can you accept that Ohm's Wheels Of Life are the map that every life is forced to follow?

Beginning at the bottom contains the maximum amount of Resistance
which is why it is imperative that the first goal you set
is the smallest goal possible.

The biggest mistake people make that leads to discouragement and defeat is,
they dream too far beyond their present ability, expect the road to be easy and the journey to be short.



An eagle is not born in the sky. It starts its life grounded until it learns to fly.
The day it does fly for the first time it does not soar to great heights.
The privileged view it has from the highest altitude its Potential is capable of
is reached after many incremental changes in height have been engaged.
Having mastered the lower levels first the confidence to push higher gets established.
As the eagle learns so shall you.

The information presented here should be self evident.
However, to underestimate the Potential of The First Principle to explain
ever increasingly complex things, is to do yourself a great disservice.

The key question this entire line of thinking begs to ask is this...
If The Common Human Experience is in fact as simple as the model shows,
why is it that so few people Realize Their Potential?

If you are interested in exploring the answer to that question consider reading...

Overcoming The Path Of Least Resistance.

TOUCHED By The LIGHT

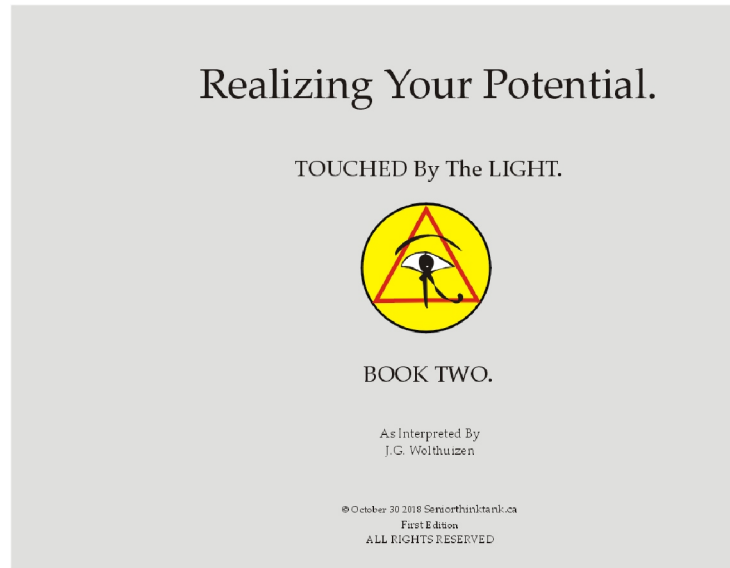


BOOK THREE.

As Interpreted By
J.G. Wolthuizen

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Portions of this book were originally published as
Chapter Two of a book called...



If you are compelled by what you have been shown here
and are interested in learning more
both of the books mentioned are available at **Seniorthinktank.ca**

This condensed lesson has been released as a teaching unit for a
FACEBOOK
Social Learning Group called...

The First Principle; Ohm's Law Of Life, The Divine Pattern.

For more information, or to discuss the concepts shared here,
please consider joining our group.
All people interested in Realizing Their Potential are welcome.
Other lessons and lectures will be released there in due time.

Since the dawn of time
there have been countless

programs
and
elixirs

all making great claims
of the personal growth
that they will initiate.

Be cautious
of any teacher
who claims
their instruction will effortlessly
increase your POTENTIAL.



There is no phase in The First Principle where
the reduction of Resistance
increases Potential.



Be suspicious of any instruction
that does not teach using the
variables and terms
of actual
POTENTIAL.



With this as a guide
so shall your world
be transformed.